

8 *Recreational gains and losses*

Checklist of recreational uses

COASTS

GENERAL/INFORMAL

Land based

Strolling
Walking
Dog walking
Sitting/sunbathing
Picnicking
Observing nature/birds
Childrens' games/play
Other games: e.g football/cricket
Cycling
Roller skating/skate boarding
Viewing history/heritage/landscape
Viewing boats
Playing in the sand

Water based

Paddling/swimming
Dipping/observing nature

SPECIALIST

Land based

Nature studies
Heritage/archaeological studies
Geological studies
Golf
Horse riding
Bird watching
Bait digging
Sand yachting
Rock climbing
Hang gliding
Football/cricket

Water based

Angling/fishing
Rowing/canoeing
Sailing/sailboarding
Motor cruising
Jet skiing/water skiing
Surfing

RIVERS

GENERAL/INFORMAL

Land based

Strolling
Walking
Dog walking
Sitting/sunbathing
Picnicking
Observing nature/birds
Childrens' games/play
Other games: e.g football/cricket
Cycling
Roller skating/skate boarding
Viewing history/heritage/landscape
Viewing boats
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Water based

Paddling/swimming
Dipping/observing nature

SPECIALIST

Land based

Nature studies
Heritage/archaeological studies
Geological studies
Golf
Horse riding
Bird watching
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Football/ cricket

Water based

Angling/fishing
Rowing/canoeing
Sailing/sailboarding
Motor cruising
Jet skiing/water skiing